

THIS WEEK'S WORLD OF FLAVOR CELEBRATES THE CULTURE AND CUISINE OF AMERICAN REGIONAL.



EXTRAS

A hearty garden bar, fresh fruits and a variety of vegetables and sides are offered daily. We hope to inspire and encourage all students to make healthy choices regularly.

FAST TAKES

**IN A HURRY,
NO WORRY!**

OFFERED DAILY

Chef Salad, Chicken Caesar Wrap, Turkey and Cheese, Ham and Cheese, Italian or Hummus



Fresh Baked Bread Offered Daily with Salad



CHECK THIS OUT!

Chilly Philly salad or sub on a freshly baked roasted garlic roll layered with sliced turkey, roasted peppers and onions and shredded mozzarella cheese.

TASTE TASTE

by **sodexo**

DELI

EVERYDAY SELECTIONS

Custom Subs with a Variety of Cheeses, Fresh Baked Breads and Premium Sauces

Toppings

Shredded Lettuce
Sliced Tomatoes
Sliced Red Onion
Jalapeños
Pickles

OTHER DAILY OPTIONS

Hummus



TRY THIS ONE!

Chilly Philly salad or sub on a freshly baked roasted garlic roll layered with sliced turkey, roasted peppers and onions and shredded mozzarella cheese.

KICK IT UP A NOTCH

By adding one of our World of Flavor specialty sauces.

Buffalo Ranch Sauce

Buttermilk ranch dressing blended with cayenne pepper sauce.

Banana Pepper Sauce

A spicy mixture of sliced banana peppers and cayenne pepper sauce blended with buttermilk ranch dressing.

Creamy Sriracha

Mayonnaise infused with spicy sriracha chili sauce.

Garlic Parmesan

Mayonnaise blended with grated Parmesan cheese, mustard, garlic and creamy Greek yogurt.

GRILL

EVERYDAY SELECTIONS

Classic Hamburger
Crispy Chicken Sandwich

Toppings

Sliced Cheddar Cheese
Sliced Pepper Jack Cheese
Shredded Lettuce
Sliced Tomatoes
Sliced Red Onion
Jalapeños
Pickles

Monday Corn Dog

Tuesday Rib-B-Que

Wednesday Toasted Cheese Sandwich

Thursday Hot Dog

Friday Chicken Tender Sandwich

Offered with Veggie Sticks or French Fries

PIZZA

EVERYDAY SELECTIONS

Cheese Pizza

M/W/F: Pepperoni, Tu: Sausage, Th: Hawaiian

Offered with Toasted Garlic Caesar Salad

DAILY PASTA OPTIONS

Alfredo Mac and Cheese



Fresh Baked Bread Offered Daily with Pasta



SHAKE IT UP!

Chilly Philly pizza topped with turkey, roasted peppers and onions and mozzarella cheese; finished with scallions.

This week in ADVENTURE



CHOOSE YOUR PASTA

Whole Grain or White Grain Penne Pasta or Spaghetti Pasta

TOP IT OFF

Tuscan Vegetable Blend, Beef Meatballs or Roasted Chicken

SAUCE IT UP!

Alfredo or Marinara Sauce

SERVED WITH BROCCOLI AND A BREADSTICK

Additional nutrition information available upon request.
This institution is an equal opportunity provider.

WEEK OF NOVEMBER 18 - NOVEMBER 22

LONG BRANCH HIGH SCHOOL